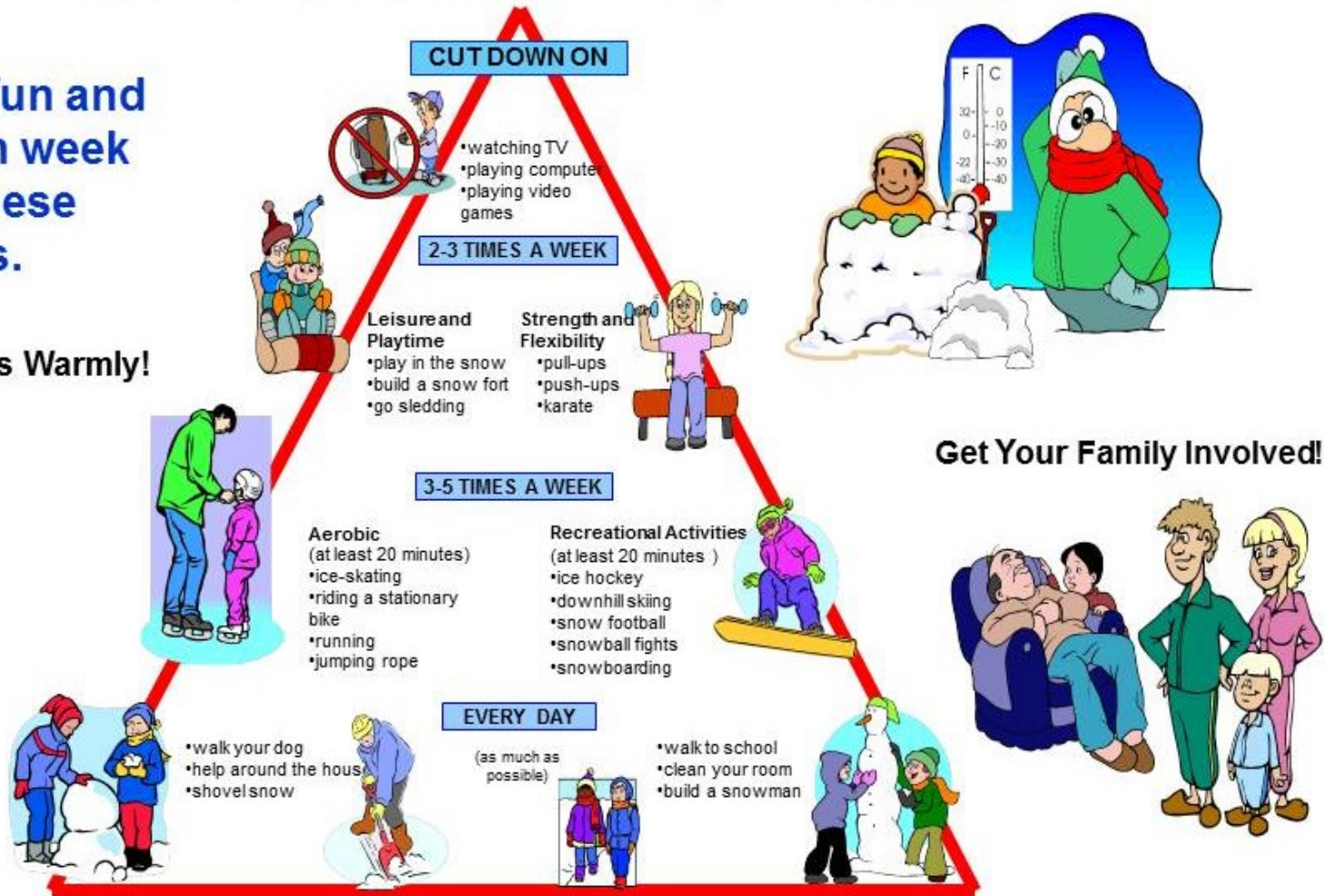


PHYSICAL ACTIVITY

Even When It's Cold Outside!

You can have fun and be active each week by trying these activities.

Don't Forget To Dress Warmly!



Get Your Family Involved!

