

"I am toddler. I have tantrums. My tantrums are not a reflection of your parenting. I am learning about emotions and control. Tantrums are part of my development. There are a many logical reasons as to why I have tantrums like being a toddler, tired, hungry and unwell. There are also illogical reasons like I don't like my toast in triangles even though I do every other day, my socks are not yellow like the sun, Dora the explorer is annoying me even though I usually love her and I really want to put all the worms in my mouth. Tantrums are part of my growing up."

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