What your balby-sifter must know

When you leave your child with a baby-sitter, you shouldn't have to worry about whether she'll know what to do in an emergency. Fill in the blanks below, and post this where a sitter can't miss it. To reuse, laminate the card and write with an erasable marker.	Important phone numbe
Basic information	PEDIATRICÍAN:
HOME PHONE: ADDRESS:	AMBULANCE: HOSPITAL:
WORK PHONE(S):	N-CONTROL CENTER:
WHERE WE CAN BE REACHED:	
TIME WE ARE EXPECTED BACK:	Where to find
Adults you can contact	FLASHIGHTS AND BATTERIES.
in case of emergency	FUSE BOX:
NAME:	
NUMBER:	
NAME:	FAVURITE BOOKS:
NUMBER:	FAVORITE TOYS:
	FAVORITE ACTIVITIES:
IWIEGIICAII INTORNATION	MAJOR FEARS:
CHILD'S MEDICAL CONDITIONS:	NAP SCHEDULE:
CHILD'S WEIGHT:	BEDTIME ROUTINE:
CHILD'S ALLERGIES:	TV AND COMPUTER USE:
INCLIDANCE INCODA ATTON*:	ONAPKO AND DECOSEDTO:

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Basic information HOME PHONE: .. WHERE WE CAN BE REACHED: WORK PHONE(S): Adulits you can contact TIME WE ARE EXPECTED BACK:.. in case of emergency Medical information CHILD'S MEDICAL CONDITIONS:_ INSURANCE INFORMATION*: CHILD'S ALLERGIES laminate the card and write with an erasable marker. CHILD'S WEIGHT: PEDIATRICÍAN: FIRST-AID SUPPLIES: POISON-CONTROL CENTER: AMBULANCE: Important phone numbers FAVORITE BOOKS:. FLASHLIGHTS AND BATTERIES: FAVORITE TOYS: Routines Where to finc SNACKS AND DESSERTS TV AND COMPUTER USE BEDTIME ROUTINE: NAP SCHEDULE: FAVORITE ACTIVITIES: MAJOR FEARS: HOSPITAL:

NUMBER:

NAME:

NUMBER:

* If you'll be away overnight, it's a good idea to leave a release form designating a baby-sitter to authorize medical treatment.

BY JENNA STANLEY

PULLOUT GUIDE